Abstract:
People seem to have a rather rich repertoire of tactics for regulating moods and dealing with unpleasant events. In order to render a disappointing reality more palatable, we sometimes change the perceived probabilities of relevant events post-facto, so that in retrospect the disappointing reality appears almost inevitable, and hence easier to accept. This "retroactive pessimism" effect and its link to counterfactual inhibition are demonstrated in several experiments.

Short curriculum vitae:
PhD: New York University, Social Psychology
MA: Tel Aviv University, Social Psychology
BA: Tel Aviv University, Psychology, Art History
Ulteriori informazioni sono disponibili nella home page: http://tykocinski.socialpsychology.org/

Suggested readings: